



# Big Brothers Big Sisters®

Our young people and our whole community is facing a lot of disruption right now. It's important that our youth know they are cared for by many people!

**Social distancing can lead to social isolation. We want people to be safe AND feel connection with others so we're encouraging matches to stay in touch!**

Community-based matches are encouraged to stay in contact via mail, phone, text and video – with the guardian's permission. This is an important time to stay in communication with people we care about!

Both Community-Based and Site-Based matches can be pen-pals! Consider sending a note, postcard or drawing to your Little or Big. *(Community Based Bigs can find Little's address on the match card. Reach out to your Match Support Specialist if you need to confirm your Little's or Big's address.)*

**\*Site-Based matches:** All your correspondence must be sent to your Match Support Specialist. We will send it along to your Little or Big.

Send all correspondence to the Richmond office:

**1707 Summit Avenue  
Suite 200  
Richmond, VA 23230**

We hope to help you stay connected during this confusing and rapidly changing time. Please let your Match Support Specialist if there is anything we can do to help your match stay connected.

Stay well,

Your BBBS team



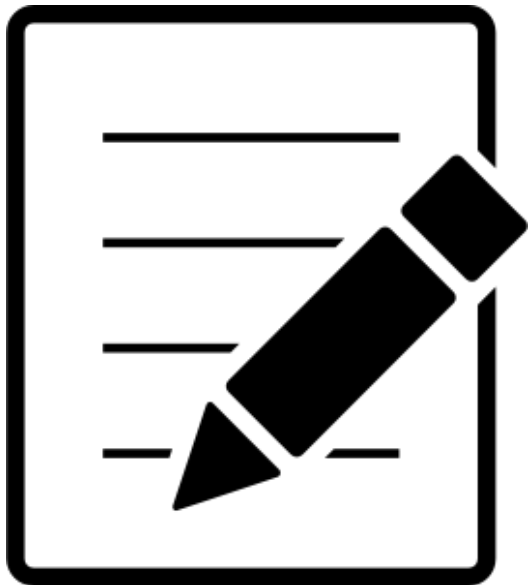
**Big Brothers  
Big Sisters®**

Here are some ideas to get your creativity going!

Make a List:

- Your family members, and something they each like and dislike
- What you'd put in a time capsule
- Parts of society that you'd like to change
- Things you're really good at
- Everything you've eaten in the past twenty-four hours
- Things that you do *every* day
- Your favorite TV shows, movies, bands, or books
- The things you've dressed up as for past Halloweens
- Unusual facts about you
- Things that make you happy
- What you're currently seeing, smelling, hearing, tasting, and feeling
- Things you collect
- Goals lists for this month or year
- Nicknames you've had (and how you got them)
- Sports you've played and/or hobbies you've had
- Adjectives to describe the kind of friend you are
- Things that make you feel better when you are sad
- Things you would like to ask an animal, if they could talk
- Places you would like to visit or live

# PENPAL PROMPTS



## **Other things to share:**

- Your favorite holiday traditions
- The last movie you saw and what you thought of it
- What you would wish for *right now*
- The last time you did something for the first time
- The kindest thing a stranger has ever done for you
- What super power you would choose
- Your least favorite chore
- What you would name your next pet
- What you want to be when you grow up